

COSMETOLOGY STATE BOARD PRACTICE EXAM 14 (110 QUESTIONS)

This original practice exam is modeled on a common NIC-style theory format: 110 multiple-choice questions in 90 minutes. State rules, scoring, and testing procedures vary; confirm your current candidate bulletin. Choose the best answer for every question.

1. During a state-board review, which term means test used to identify possible sensitivity to a haircolor product?
 - A. strand test
 - B. patch test
 - C. porosity test
 - D. curl test

2. Select the cosmetology term that refers to test curl or color on a small section before a full service.
 - A. patch test
 - B. scalp test
 - C. strand test
 - D. drape test

3. A candidate should identify which term as client discussion used to determine needs, history, and expectations?
 - A. shampooing
 - B. consultation
 - C. finishing
 - D. retailing

4. During a state-board review, which term means protecting client clothing and skin before service?
 - A. draping
 - B. sectioning
 - C. shampooing
 - D. conditioning

5. Select the cosmetology term that refers to cleansing product designed to remove oils and debris from hair.
 - A. conditioner
 - B. neutralizer
 - C. filler
 - D. shampoo

6. A candidate should identify which term as product that improves manageability and hair feel after cleansing?
- A. shampoo
 - B. clarifier
 - C. conditioner
 - D. developer
7. During a state-board review, which term means stronger cleanser used to remove excess product buildup?
- A. conditioning shampoo
 - B. color shampoo
 - C. clarifying shampoo
 - D. neutralizing shampoo
8. Select the cosmetology term that refers to product used to reduce heat-related hair damage.
- A. color remover
 - B. chemical relaxer
 - C. scalp astringent
 - D. thermal protectant
9. A candidate should identify which term as styling method that uses airflow and heat to dry hair?
- A. wet setting
 - B. blow-drying
 - C. finger waving
 - D. thermal curling
10. During a state-board review, which term means method of shaping hair around rollers while damp?
- A. wet set
 - B. blow-drying
 - C. flat ironing
 - D. backcombing
11. Select the cosmetology term that refers to angle at which hair is held from the head during cutting.
- A. elevation
 - B. guideline
 - C. base direction
 - D. texturizing

12. A candidate should identify which term as angle at which hair is held relative to the head while cutting?
- A. base direction
 - B. elevation
 - C. overdirection
 - D. sectioning
13. During a state-board review, which term means previously cut subsection used to determine length of later hair?
- A. perimeter
 - B. parting
 - C. panel
 - D. guideline
14. Select the cosmetology term that refers to guide that remains in one location during a haircut.
- A. stationary guideline
 - B. traveling guideline
 - C. perimeter guide
 - D. fringe guide
15. A candidate should identify which term as guide that moves as each new subsection is cut?
- A. stationary guideline
 - B. traveling guideline
 - C. weight line
 - D. perimeter guide
16. During a state-board review, which term means cut that creates a solid, unlayered perimeter?
- A. blunt cut
 - B. graduated cut
 - C. layered cut
 - D. texturized cut
17. Select the cosmetology term that refers to cutting technique that builds weight through stacked lengths.
- A. layering
 - B. blunt cutting
 - C. razor cutting
 - D. graduation

18. A candidate should identify which term as technique that removes weight and creates movement through the interior?
- A. graduation
 - B. blunt cutting
 - C. layering
 - D. perimeter cutting
19. During a state-board review, which term means removing bulk or softening ends without changing the main length?
- A. texturizing
 - B. graduation
 - C. layering
 - D. blunt cutting
20. Select the cosmetology term that refers to combing hair away from its natural fall before cutting.
- A. elevation
 - B. base direction
 - C. cross-checking
 - D. overdirection
21. A candidate should identify which term as checking a haircut by examining sections in the opposite direction?
- A. backcombing
 - B. cross-checking
 - C. point cutting
 - D. sectioning
22. During a state-board review, which term means cutting into ends to soften a line or add texture?
- A. blunt cutting
 - B. slide cutting
 - C. point cutting
 - D. notching
23. Select the cosmetology term that refers to S-shaped ridge pattern formed in wet hair.
- A. thermal curl
 - B. finger wave
 - C. roller set
 - D. braid

24. A candidate should identify which term as small curl formed around a finger and secured flat?
- A. roller curl
 - B. spiral braid
 - C. finger wave
 - D. pin curl
25. During a state-board review, which term means forming a curved wave pattern during finger waving?
- A. backcombing
 - B. twisting
 - C. C-shaping
 - D. braiding
26. Select the cosmetology term that refers to combing hair toward the scalp to create support or volume.
- A. backcombing
 - B. smoothing
 - C. pressing
 - D. curling
27. A candidate should identify which term as heated tool used to form curls and waves in dry hair?
- A. flat iron
 - B. blow dryer
 - C. thermal curling iron
 - D. hood dryer
28. During a state-board review, which term means heated tool used primarily to smooth or straighten hair?
- A. curling iron
 - B. flat iron
 - C. hood dryer
 - D. diffuser
29. Select the cosmetology term that refers to chemical service that restructures bonds to create curl.
- A. temporary color
 - B. thermal styling
 - C. relaxer
 - D. permanent wave

30. A candidate should identify which term as chemical relaxer commonly based on ammonium thioglycolate?
- A. thio relaxer
 - B. hydroxide relaxer
 - C. oxidizing color
 - D. acid wave
31. During a state-board review, which term means strong relaxer type that should not be mixed with thio products?
- A. hydroxide relaxer
 - B. thio relaxer
 - C. acid wave
 - D. temporary color
32. Select the cosmetology term that refers to step that stops chemical action and reforms bonds after a perm.
- A. shampooing
 - B. conditioning
 - C. neutralization
 - D. emulsifying
33. A candidate should identify which term as permanent wave activated by external heat?
- A. exothermic wave
 - B. endothermic wave
 - C. acid wave
 - D. alkaline wave
34. During a state-board review, which term means permanent wave that produces its own heat during processing?
- A. endothermic wave
 - B. acid wave
 - C. alkaline wave
 - D. exothermic wave
35. Select the cosmetology term that refers to oxidizing agent mixed with permanent haircolor.
- A. filler
 - B. conditioner
 - C. developer
 - D. neutralizer

36. A candidate should identify which term as color formulation that adds tone without lightening natural pigment?
- A. deposit-only color
 - B. high-lift color
 - C. bleach
 - D. color remover
37. During a state-board review, which term means product used to remove natural or artificial pigment?
- A. filler
 - B. lightener
 - C. toner
 - D. developer
38. Select the cosmetology term that refers to product used to refine or neutralize an unwanted undertone.
- A. lightener
 - B. filler
 - C. developer
 - D. toner
39. A candidate should identify which term as product used to replace missing warm pigment before darker color?
- A. toner
 - B. lightener
 - C. filler
 - D. developer
40. During a state-board review, which term means color directly opposite another on the color wheel?
- A. primary color
 - B. tertiary color
 - C. neutral color
 - D. complementary color
41. Select the cosmetology term that refers to color-wheel pairing used to neutralize unwanted yellow.
- A. red green relationship
 - B. yellow violet relationship
 - C. blue orange relationship
 - D. yellow orange relationship

42. A candidate should identify which term as color-wheel pairing used to neutralize unwanted red?
- A. red green relationship
 - B. yellow violet relationship
 - C. blue orange relationship
 - D. red orange relationship
43. During a state-board review, which term means color-wheel pairing used to neutralize unwanted orange?
- A. yellow violet relationship
 - B. blue orange relationship
 - C. red green relationship
 - D. blue violet relationship
44. Select the cosmetology term that refers to color application on hair that has not been previously colored.
- A. retouch application
 - B. corrective application
 - C. filler application
 - D. virgin application
45. A candidate should identify which term as color application limited to new growth?
- A. retouch application
 - B. virgin application
 - C. double-process application
 - D. highlight application
46. During a state-board review, which term means technique that isolates hair strands for selected lightening or color?
- A. balayage
 - B. retouching
 - C. foiling
 - D. toning
47. Select the cosmetology term that refers to freehand surface-painting technique for a soft dimensional result.
- A. foiling
 - B. cap highlighting
 - C. balayage
 - D. retouching

48. A candidate should identify which term as two-step process of lightening then refining undertone?
- A. single-process color
 - B. deposit-only color
 - C. retouching
 - D. bleach and tone
49. During a state-board review, which term means condition that requires postponing chemical service?
- A. normal porosity
 - B. scalp abrasion
 - C. medium density
 - D. fine texture
50. Select the cosmetology term that refers to condition that makes a service unsafe or inappropriate.
- A. contraindication
 - B. consultation
 - C. recommendation
 - D. retailing
51. A candidate should identify which term as light gliding massage movement?
- A. petrissage
 - B. tapotement
 - C. effleurage
 - D. friction
52. During a state-board review, which term means kneading massage movement?
- A. petrissage
 - B. effleurage
 - C. tapotement
 - D. vibration
53. Select the cosmetology term that refers to percussive massage movement.
- A. effleurage
 - B. petrissage
 - C. friction
 - D. tapotement

54. A candidate should identify which term as deep rubbing massage movement used cautiously?
- A. effleurage
 - B. friction
 - C. tapotement
 - D. vibration
55. During a state-board review, which term means plugged follicle commonly called a blackhead or whitehead?
- A. milia
 - B. wheal
 - C. comedone
 - D. pustule
56. Select the cosmetology term that refers to small white keratin-filled cyst beneath the skin surface.
- A. comedone
 - B. pustule
 - C. wheal
 - D. milia
57. A candidate should identify which term as raised lesion containing pus?
- A. papule
 - B. pustule
 - C. wheal
 - D. milia
58. During a state-board review, which term means small raised lesion without visible fluid?
- A. papule
 - B. pustule
 - C. vesicle
 - D. wheal
59. Select the cosmetology term that refers to gland that produces sebum for the skin and hair.
- A. sudoriferous gland
 - B. endocrine gland
 - C. lymph gland
 - D. sebaceous gland

- 60.** A candidate should identify which term as gland that produces perspiration?
- A. sebaceous gland
 - B. sudoriferous gland
 - C. thyroid gland
 - D. pituitary gland
- 61.** During a state-board review, which term means removal of dead surface skin cells?
- A. exfoliation
 - B. extraction
 - C. hydration
 - D. toning
- 62.** Select the cosmetology term that refers to product applied to provide a temporary skin benefit after treatment.
- A. cleanser
 - B. astringent
 - C. facial mask
 - D. developer
- 63.** A candidate should identify which term as growth area that produces new nail cells?
- A. nail plate
 - B. cuticle
 - C. lunula
 - D. anagen nail matrix
- 64.** During a state-board review, which term means visible hardened keratin portion of the natural nail?
- A. nail bed
 - B. matrix
 - C. nail plate
 - D. cuticle
- 65.** Select the cosmetology term that refers to living skin beneath the nail plate.
- A. nail bed
 - B. matrix
 - C. free edge
 - D. lunula

- 66.** A candidate should identify which term as nonliving tissue adhering to the nail plate at the base?
- A. eponychium
 - B. cuticle
 - C. nail bed
 - D. hyponychium
- 67.** During a state-board review, which term means living skin at the base of the nail plate?
- A. cuticle
 - B. free edge
 - C. lunula
 - D. eponychium
- 68.** Select the cosmetology term that refers to thickened skin beneath the free edge of the nail.
- A. cuticle
 - B. hyponychium
 - C. eponychium
 - D. matrix
- 69.** A candidate should identify which term as portion of nail plate extending beyond the fingertip?
- A. nail bed
 - B. matrix
 - C. free edge
 - D. lunula
- 70.** During a state-board review, which term means habitual biting of the nails?
- A. onychophagy
 - B. onycholysis
 - C. onychorrhexis
 - D. paronychia
- 71.** Select the cosmetology term that refers to single-celled microorganisms that can be harmless or harmful.
- A. viruses
 - B. fungi
 - C. bacteria
 - D. parasites

72. A candidate should identify which term as a microorganism that reproduces only within a living host cell?
- A. virus
 - B. bacteria
 - C. fungi
 - D. parasites
73. During a state-board review, which term means plant-like organisms that can produce contagious diseases?
- A. viruses
 - B. bacteria
 - C. parasites
 - D. fungi
74. Select the cosmetology term that refers to an organism that lives on or in a host and draws nourishment.
- A. fungi
 - B. parasite
 - C. bacteria
 - D. viruses
75. A candidate should identify which term as invasion of body tissues by disease-causing microorganisms?
- A. immunity
 - B. infection
 - C. sanitation
 - D. decontamination
76. During a state-board review, which term means the body's ability to resist disease?
- A. infection
 - B. exposure
 - C. contamination
 - D. immunity
77. Select the cosmetology term that refers to physical removal of visible dirt and debris from a surface.
- A. cleaning
 - B. disinfection
 - C. sterilization
 - D. sanitation

- 78.** A candidate should identify which term as destroying many harmful organisms on nonporous surfaces?
- A. cleaning
 - B. sterilization
 - C. disinfection
 - D. decontamination
- 79.** During a state-board review, which term means complete destruction of all microbial life?
- A. sanitation
 - B. cleaning
 - C. disinfection
 - D. sterilization
- 80.** Select the cosmetology term that refers to the document describing chemical hazards, handling, and first aid.
- A. service record
 - B. client card
 - C. SDS
 - D. inventory sheet
- 81.** A candidate should identify which term as the product designation indicating a disinfectant is registered for its intended use?
- A. EPA registration
 - B. OSHA citation
 - C. state permit
 - D. retail label
- 82.** During a state-board review, which term means transfer of pathogens from one person or object to another?
- A. sterilization
 - B. cross-contamination
 - C. immunity
 - D. ventilation
- 83.** Select the cosmetology term that refers to the required response when blood or body fluid contact occurs.
- A. color consultation
 - B. blood exposure procedure
 - C. client draping
 - D. retail recommendation

- 84.** A candidate should identify which term as study of the structure of the body and its parts?
- A. anatomy
 - B. physiology
 - C. histology
 - D. trichology
- 85.** During a state-board review, which term means study of the functions of living organisms and systems?
- A. anatomy
 - B. histology
 - C. osteology
 - D. physiology
- 86.** Select the cosmetology term that refers to study of tissues.
- A. anatomy
 - B. physiology
 - C. histology
 - D. neurology
- 87.** A candidate should identify which term as study of bones?
- A. osteology
 - B. myology
 - C. histology
 - D. trichology
- 88.** During a state-board review, which term means study of muscles?
- A. osteology
 - B. neurology
 - C. myology
 - D. histology
- 89.** Select the cosmetology term that refers to study of the nervous system.
- A. myology
 - B. osteology
 - C. histology
 - D. neurology

- 90.** A candidate should identify which term as scientific study of hair and scalp?
- A. dermatology
 - B. trichology
 - C. histology
 - D. anatomy
- 91.** During a state-board review, which term means measure of acidity or alkalinity on a scale from 0 to 14?
- A. porosity
 - B. elasticity
 - C. pH
 - D. density
- 92.** Select the cosmetology term that refers to substance with a pH below 7.
- A. base
 - B. neutralizer
 - C. emulsion
 - D. acid
- 93.** A candidate should identify which term as substance with a pH above 7?
- A. acid
 - B. alkali
 - C. solvent
 - D. surfactant
- 94.** During a state-board review, which term means mixture of two normally unmixable substances?
- A. emulsion
 - B. solution
 - C. suspension
 - D. compound
- 95.** Select the cosmetology term that refers to chemical process involving addition of oxygen or removal of hydrogen.
- A. oxidation
 - B. reduction
 - C. neutralization
 - D. emulsification

- 96.** A candidate should identify which term as chemical process involving removal of oxygen or addition of hydrogen?
- A. oxidation
 - B. reduction
 - C. ionization
 - D. decomposition
- 97.** During a state-board review, which term means change that alters form without producing a new substance?
- A. chemical change
 - B. oxidation
 - C. reduction
 - D. physical change
- 98.** Select the cosmetology term that refers to change that produces a new substance.
- A. physical change
 - B. emulsification
 - C. chemical change
 - D. evaporation
- 99.** A candidate should identify which term as hair's ability to absorb moisture and chemicals?
- A. elasticity
 - B. porosity
 - C. density
 - D. texture
- 100.** During a state-board review, which term means hair's ability to stretch and return without breaking?
- A. porosity
 - B. density
 - C. texture
 - D. elasticity
- 101.** Select the cosmetology term that refers to outer protective layer of the hair shaft.
- A. cuticle
 - B. cortex
 - C. medulla
 - D. follicle

- 102.** A candidate should identify which term as middle layer containing pigment and providing strength?
- A. cuticle
 - B. medulla
 - C. cortex
 - D. papilla
- 103.** During a state-board review, which term means innermost hair layer, often absent in fine hair?
- A. cuticle
 - B. cortex
 - C. follicle
 - D. medulla
- 104.** Select the cosmetology term that refers to natural pigment that gives hair its color.
- A. keratin
 - B. sebum
 - C. melanin
 - D. collagen
- 105.** A candidate should identify which term as fibrous protein forming most of the hair structure?
- A. melanin
 - B. keratin
 - C. sebum
 - D. collagen
- 106.** During a state-board review, which term means active growth phase of the hair cycle?
- A. anagen
 - B. catagen
 - C. telogen
 - D. exogen
- 107.** Select the cosmetology term that refers to brief transition phase when growth stops.
- A. anagen
 - B. telogen
 - C. catagen
 - D. exogen

108. A candidate should identify which term as resting phase of the hair cycle?

- A. anagen
- B. catagen
- C. exogen
- D. telogen

109. During a state-board review, which term means oil secreted by sebaceous glands?

- A. sebum
- B. perspiration
- C. melanin
- D. keratin

110. Select the cosmetology term that refers to evaluation of scalp and hair before selecting a service.

- A. patch test
- B. scalp analysis
- C. strand test
- D. thermal test

Practice Exam 14: Answer Key And Explanations

- 1. B** - Patch Test is correct because it means test used to identify possible sensitivity to a haircolor product. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 2. C** - Strand Test is correct because it means test curl or color on a small section before a full service. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 3. B** - Consultation is correct because it means client discussion used to determine needs, history, and expectations. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 4. A** - Draping is correct because it means protecting client clothing and skin before service. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 5. D** - Shampoo is correct because it means cleansing product designed to remove oils and debris from hair. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 6. C** - Conditioner is correct because it means product that improves manageability and hair feel after cleansing. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 7. C** - Clarifying Shampoo is correct because it means stronger cleanser used to remove excess product buildup. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 8. D** - Thermal Protectant is correct because it means product used to reduce heat-related hair damage. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 9. B** - Blow-Drying is correct because it means styling method that uses airflow and heat to dry hair. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 10. A** - Wet Set is correct because it means method of shaping hair around rollers while damp. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 11. C** - Base Direction is correct because it means angle at which hair is held from the head during cutting. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 12. B** - Elevation is correct because it means angle at which hair is held relative to the head while cutting. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

- 13. D** - Guideline is correct because it means previously cut subsection used to determine length of later hair. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 14. A** - Stationary Guideline is correct because it means guide that remains in one location during a haircut. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 15. B** - Traveling Guideline is correct because it means guide that moves as each new subsection is cut. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 16. A** - Blunt Cut is correct because it means cut that creates a solid, unlayered perimeter. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 17. D** - Graduation is correct because it means cutting technique that builds weight through stacked lengths. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 18. C** - Layering is correct because it means technique that removes weight and creates movement through the interior. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 19. A** - Texturizing is correct because it means removing bulk or softening ends without changing the main length. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 20. D** - Overdirection is correct because it means combing hair away from its natural fall before cutting. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 21. B** - Cross-Checking is correct because it means checking a haircut by examining sections in the opposite direction. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 22. C** - Point Cutting is correct because it means cutting into ends to soften a line or add texture. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 23. B** - Finger Wave is correct because it means S-shaped ridge pattern formed in wet hair. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 24. D** - Pin Curl is correct because it means small curl formed around a finger and secured flat. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 25. C** - C-Shaping is correct because it means forming a curved wave pattern during finger waving. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts

when working with clients.

26. A - Backcombing is correct because it means combing hair toward the scalp to create support or volume. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

27. C - Thermal Curling Iron is correct because it means heated tool used to form curls and waves in dry hair. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

28. B - Flat Iron is correct because it means heated tool used primarily to smooth or straighten hair. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

29. D - Permanent Wave is correct because it means chemical service that restructures bonds to create curl. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

30. A - Thio Relaxer is correct because it means chemical relaxer commonly based on ammonium thioglycolate. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

31. A - Hydroxide Relaxer is correct because it means strong relaxer type that should not be mixed with thio products. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

32. C - Neutralization is correct because it means step that stops chemical action and reforms bonds after a perm. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

33. B - Endothermic Wave is correct because it means permanent wave activated by external heat. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

34. D - Exothermic Wave is correct because it means permanent wave that produces its own heat during processing. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

35. C - Developer is correct because it means oxidizing agent mixed with permanent haircolor. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

36. A - Deposit-Only Color is correct because it means color formulation that adds tone without lightening natural pigment. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

37. B - Lightener is correct because it means product used to remove natural or artificial pigment. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

- 38. D** - Toner is correct because it means product used to refine or neutralize an unwanted undertone. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 39. C** - Filler is correct because it means product used to replace missing warm pigment before darker color. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 40. D** - Complementary Color is correct because it means color directly opposite another on the color wheel. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 41. B** - Yellow Violet Relationship is correct because it means color-wheel pairing used to neutralize unwanted yellow. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 42. A** - Red Green Relationship is correct because it means color-wheel pairing used to neutralize unwanted red. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 43. B** - Blue Orange Relationship is correct because it means color-wheel pairing used to neutralize unwanted orange. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 44. D** - Virgin Application is correct because it means color application on hair that has not been previously colored. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 45. A** - Retouch Application is correct because it means color application limited to new growth. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 46. C** - Foiling is correct because it means technique that isolates hair strands for selected lightening or color. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 47. C** - Balayage is correct because it means freehand surface-painting technique for a soft dimensional result. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 48. D** - Bleach And Tone is correct because it means two-step process of lightening then refining undertone. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 49. B** - Scalp Abrasion is correct because it means condition that requires postponing chemical service. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 50. A** - Contraindication is correct because it means condition that makes a service unsafe or inappropriate. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related

concepts when working with clients.

51. C - Effleurage is correct because it means light gliding massage movement. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

52. A - Petrissage is correct because it means kneading massage movement. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

53. D - Tapotement is correct because it means percussive massage movement. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

54. B - Friction is correct because it means deep rubbing massage movement used cautiously. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

55. C - Comedone is correct because it means plugged follicle commonly called a blackhead or whitehead. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

56. D - Milia is correct because it means small white keratin-filled cyst beneath the skin surface. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

57. B - Pustule is correct because it means raised lesion containing pus. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

58. A - Papule is correct because it means small raised lesion without visible fluid. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

59. D - Sebaceous Gland is correct because it means gland that produces sebum for the skin and hair. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

60. B - Sudoriferous Gland is correct because it means gland that produces perspiration. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

61. A - Exfoliation is correct because it means removal of dead surface skin cells. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

62. C - Facial Mask is correct because it means product applied to provide a temporary skin benefit after treatment. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

- 63. D** - Anagen Nail Matrix is correct because it means growth area that produces new nail cells. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 64. C** - Nail Plate is correct because it means visible hardened keratin portion of the natural nail. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 65. A** - Nail Bed is correct because it means living skin beneath the nail plate. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 66. B** - Cuticle is correct because it means nonliving tissue adhering to the nail plate at the base. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 67. D** - Eponychium is correct because it means living skin at the base of the nail plate. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 68. B** - Hyponychium is correct because it means thickened skin beneath the free edge of the nail. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 69. C** - Free Edge is correct because it means portion of nail plate extending beyond the fingertip. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 70. A** - Onychophagy is correct because it means habitual biting of the nails. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 71. C** - Bacteria is correct because it means single-celled microorganisms that can be harmless or harmful. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 72. A** - Virus is correct because it means a microorganism that reproduces only within a living host cell. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 73. D** - Fungi is correct because it means plant-like organisms that can produce contagious diseases. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 74. B** - Parasite is correct because it means an organism that lives on or in a host and draws nourishment. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 75. B** - Infection is correct because it means invasion of body tissues by disease-causing microorganisms. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts

when working with clients.

76. D - Immunity is correct because it means the body's ability to resist disease. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

77. A - Cleaning is correct because it means physical removal of visible dirt and debris from a surface. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

78. C - Disinfection is correct because it means destroying many harmful organisms on nonporous surfaces. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

79. D - Sterilization is correct because it means complete destruction of all microbial life. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

80. C - Sds is correct because it means the document describing chemical hazards, handling, and first aid. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

81. A - Epa Registration is correct because it means the product designation indicating a disinfectant is registered for its intended use. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

82. B - Cross-Contamination is correct because it means transfer of pathogens from one person or object to another. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

83. B - Blood Exposure Procedure is correct because it means the required response when blood or body fluid contact occurs. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

84. A - Anatomy is correct because it means study of the structure of the body and its parts. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

85. D - Physiology is correct because it means study of the functions of living organisms and systems. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

86. C - Histology is correct because it means study of tissues. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

87. A - Osteology is correct because it means study of bones. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

88. C - Myology is correct because it means study of muscles. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

- 89. D** - Neurology is correct because it means study of the nervous system. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 90. B** - Trichology is correct because it means scientific study of hair and scalp. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 91. C** - Ph is correct because it means measure of acidity or alkalinity on a scale from 0 to 14. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 92. D** - Acid is correct because it means substance with a pH below 7. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 93. B** - Alkali is correct because it means substance with a pH above 7. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 94. A** - Emulsion is correct because it means mixture of two normally unmixable substances. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 95. A** - Oxidation is correct because it means chemical process involving addition of oxygen or removal of hydrogen. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 96. B** - Reduction is correct because it means chemical process involving removal of oxygen or addition of hydrogen. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 97. D** - Physical Change is correct because it means change that alters form without producing a new substance. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 98. C** - Chemical Change is correct because it means change that produces a new substance. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 99. B** - Porosity is correct because it means hair's ability to absorb moisture and chemicals. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 100. D** - Elasticity is correct because it means hair's ability to stretch and return without breaking. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.
- 101. A** - Cuticle is correct because it means outer protective layer of the hair shaft. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

clients.

102. C - Cortex is correct because it means middle layer containing pigment and providing strength. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

103. D - Medulla is correct because it means innermost hair layer, often absent in fine hair. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

104. C - Melanin is correct because it means natural pigment that gives hair its color. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

105. B - Keratin is correct because it means fibrous protein forming most of the hair structure. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

106. A - Anagen is correct because it means active growth phase of the hair cycle. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

107. C - Catagen is correct because it means brief transition phase when growth stops. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

108. D - Telogen is correct because it means resting phase of the hair cycle. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

109. A - Sebum is correct because it means oil secreted by sebaceous glands. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.

110. B - Scalp Analysis is correct because it means evaluation of scalp and hair before selecting a service. The other choices name different cosmetology concepts, services, structures, or procedures and do not match the description. Knowing the precise term helps a candidate choose appropriate service steps, communicate clearly during consultation, and avoid confusing related concepts when working with clients.